

Weak Poincaré inequalities, simulated annealing, and sampling from spherical spin glasses



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(MIT)



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(UC Berkeley)

INFORMS APS 2025: Mean-field and statistical physics models
in modern high-dimensional statistics

Motivation

Motivating problem

Sample from a high-dimensional distribution $\mu(\mathbf{d}\mathbf{x}) \propto e^{V(\mathbf{x})} \mathbf{d}\mathbf{x}$ with an efficient algorithm.

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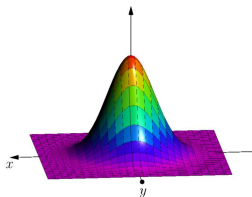
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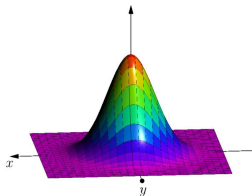
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Sampling is easy!

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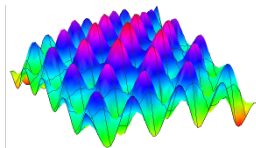
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μ non-log-concave, highly multimodal
Setting of this talk

Our model: spherical mean-field spin glass

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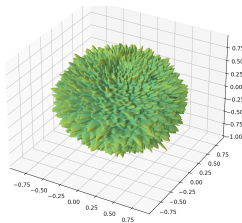
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- β large: highly non-log-concave. H has exponentially many local maxima. Sampling seems hard!



Canonical Markov chain for continuous distributions:

$$dX_t = \nabla V(X_t) dt + \sqrt{2} dB_t$$

Langevin dynamics

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Yields an efficient sampler if Markov chain **mixes rapidly**, i.e.

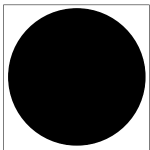
$$d_{\text{TV}}(\text{Law}(X_T), \mu) = o(1) \quad \text{for } T = \text{poly}(N).$$

Mixing guarantees: worst-case vs. random initialization

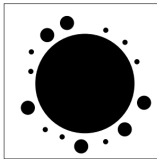
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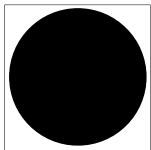
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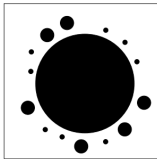
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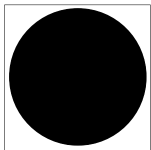


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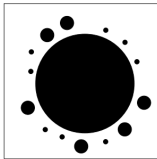
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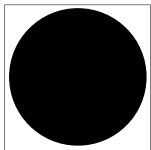


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Fails to mix from worst-case init

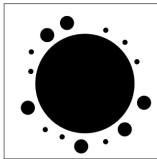
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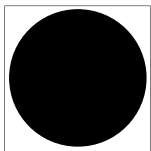


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Fails to mix from worst-case init
Can we show mixing from random init?

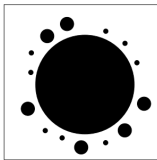
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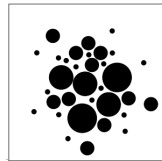
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μ shattered

Fails to mix from any init

Simulated annealing

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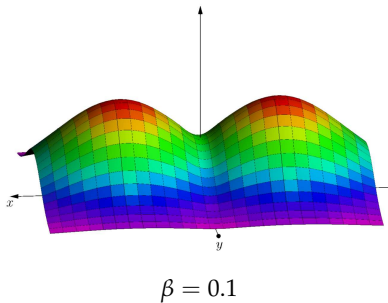
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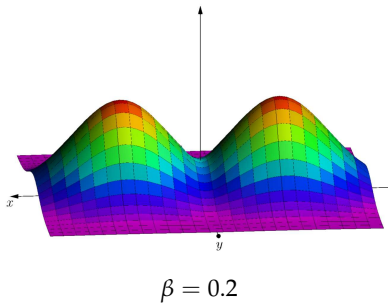
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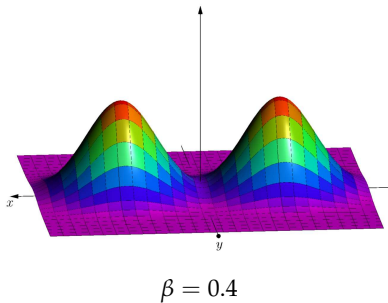
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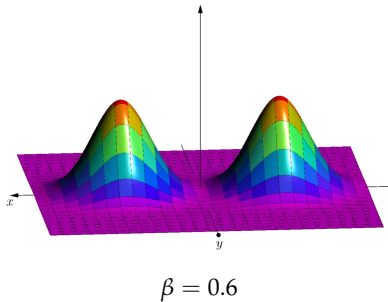
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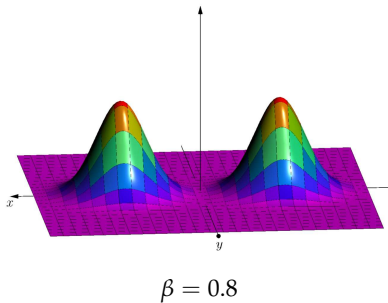
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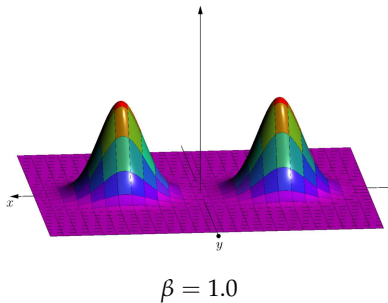
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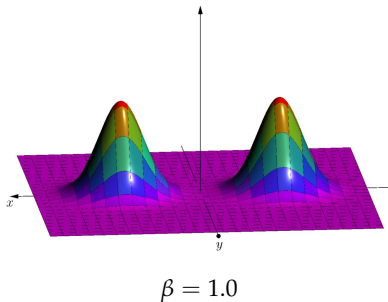
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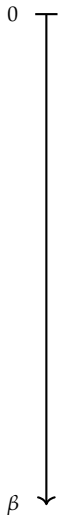
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- Natural algorithm, but rigorous guarantees scarce.

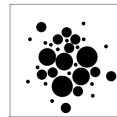
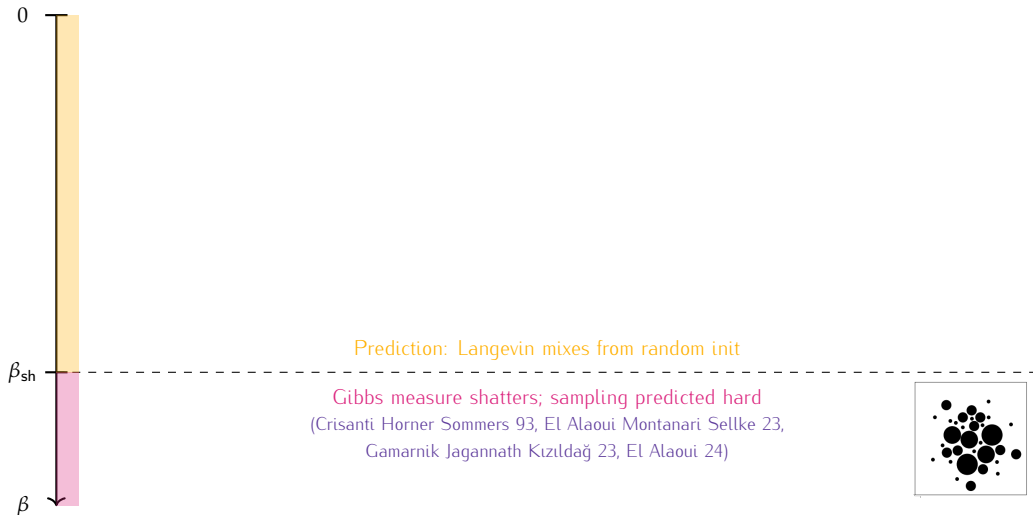
Main result: sampling for spherical mean-field spin glass

For sampling from Gibbs measure $\mu_\beta(\mathbf{d}\mathbf{x}) \propto e^{\beta H(\mathbf{x})} \equiv e^{V(\mathbf{x})}$:



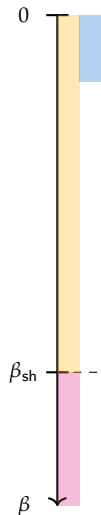
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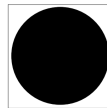


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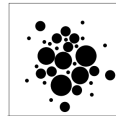


Langevin mixes rapidly from worst-case init
(Gheissari Jagannath 19, Eldan Koehler Zeitouni 22,
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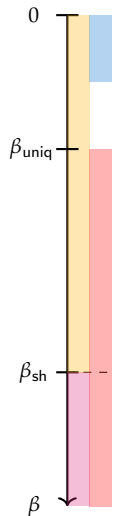
Prediction: Langevin mixes from random init

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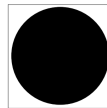


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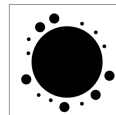
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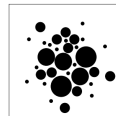


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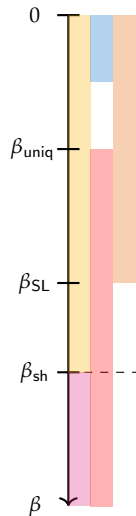
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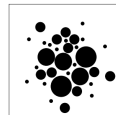
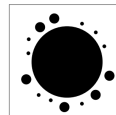
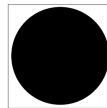
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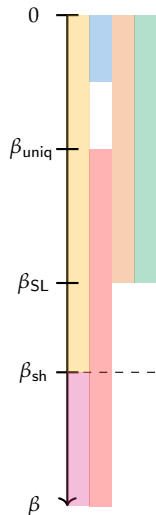
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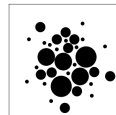
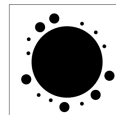
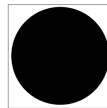
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This work: simulated annealing succeeds

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How to prove worst-case rapid mixing

Show the Markov chain P contracts distance to stationarity:

$$\text{distance}(P_t \nu \parallel \mu) \leq e^{-Ct} \cdot \text{distance}(\nu \parallel \mu) \quad \text{for all distributions } \nu$$

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There are by now many ways to show this:

- Coupling (Bubley Dyer Jerrum 96)
- Path coupling (Jerrum 95, Bubley Dyer 97)
- Canonical paths (Jerrum Sinclair 89)
- Curvature / Bakry–Émery theory (Bakry Émery 06, Villani 09)
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- Correlation decay (Dyer Sinclair Vigoda Weitz 04, Weitz 06)
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- } Localization schemes

Worst-case mixing via Poincaré inequalities

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Implies exponential contraction of χ^2 divergence:

$$\chi^2(P_t \nu \| \mu) \leq e^{-Ct} \cdot \chi^2(\nu \| \mu).$$

Worst-case mixing via Poincaré inequalities

If μ satisfies a **Poincaré inequality**, then

$$\frac{d}{dt} \chi^2(P_t \nu \| \mu) \leq -C \chi^2(P_t \nu \| \mu) \quad \text{for all distributions } \nu.$$

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Spectral independence / localization schemes provide powerful framework for showing a PI holds.
(Anari Liu Oveis Gharan 21, Chen Eldan 22)

Weak Poincaré inequalities

A **weak Poincaré inequality** implies

$$\frac{d}{dt}\chi^2(P_t\nu\|\mu) \leq -C\chi^2(P_t\nu\|\mu) + \delta \left\| \frac{d\nu}{d\mu} \right\|_\infty^2 \quad \text{for all distributions } \nu.$$

Error term captures contribution of metastable states.

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Error term captures contribution of metastable states.

Consequence: rapid mixing from **warm starts** $\|d\nu/d\mu\|_\infty \ll 1/\sqrt{\delta}$.

Weak Poincaré inequality \rightarrow simulated annealing succeeds

Consequence of weak Poincaré inequality

Langevin dynamics rapidly mix to μ from **warm starts** $\|d\nu/d\mu\|_\infty \ll 1/\delta$.

Simulated annealing

Input: β, H . Goal: sample from $\mu(dx) \propto e^{\beta H(x)}$.

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See [El Alaoui Eldan Gheissari Piana 23](#) for related “staging warm starts” idea.

How to show a weak Poincaré inequality

For $\mathbf{h} \in \mathbb{R}^N$, define tilted measure

$$\mu^{\mathbf{h}}(\mathrm{d}\mathbf{x}) \propto e^{\langle \mathbf{h}, \mathbf{x} \rangle} \mu(\mathrm{d}\mathbf{x}).$$

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Key message of spectral independence + localization schemes (Anari Liu Oveis Gharan 21, ...)

μ satisfies a Poincaré inequality if

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Message of our work

μ satisfies a **weak** Poincaré inequality if

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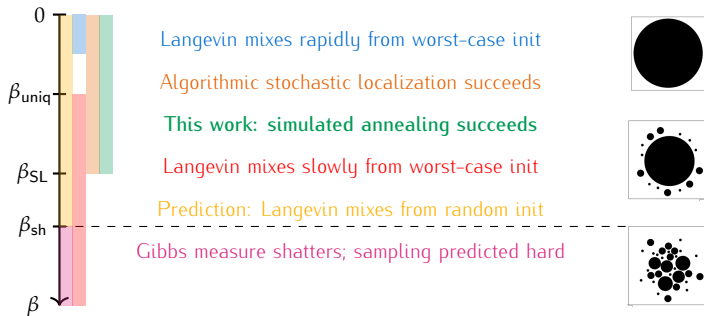
We show this covariance bound when μ = spherical spin glass Gibbs measure.

Conclusion

- Weak Poincaré inequalities imply sampling guarantees for simulated annealing.
- We introduce method to establish WPI + apply to spherical spin glass Gibbs measures.

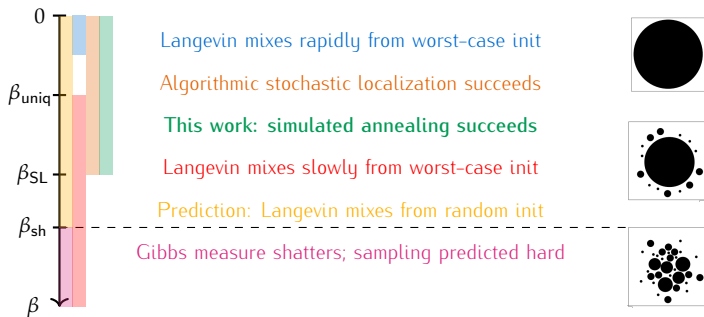
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Thank you!